

**Safety At Home**  
**When Every Second Counts**

Use the following checklist to be sure that you have addressed the issues that your family can follow in case of an emergency or other unexpected event.<sup>2</sup>

YES NO Do you have an Emergency Plan, and does it cover all emergencies like fire, weather, and acute illness? Does your family practice it?

= Find help on [www.knowwhat2do.com](http://www.knowwhat2do.com) or read “Think, Prepare, Act” written for North Central Texas residents.<sup>3</sup>

= Go to [www.HeritageRanchHealthandSafety.com](http://www.HeritageRanchHealthandSafety.com) and click on “information” to find details of the recommendations

= When you dial 911 from a cell phone, note that you are in Fairview, Texas.

YES  NO Does your Plan include smoke, gas and carbon monoxide detectors in your home?<sup>4</sup>

YES  NO Do you have a weather radio (NOAA) and do all members of your family know what the signals mean?

YES  NO Does each member of your family know two ways out of the house?

YES  NO Can each member of your family, who may be alone in the house, get to an exit and operate the door locks or windows to escape?

YES  NO Does your family understand they must leave or seek shelter when an alarm sounds? <sup>4</sup>

YES  NO Does each member of your family know whom to call for help and are the telephone numbers posted?

YES  NO If the emergency is an illness in your home will the Fire Department be able to enter your home or will they have to break down the door?<sup>4</sup>

YES  NO Does each member of your family have a current File of Life posted on the door of the refrigerator?<sup>4</sup>

YES  NO Is the “File of Life” sticker posted in the window beside your front door or near the door?

YES  NO Does each member know how to exit Heritage Ranch if a street is not passable?<sup>4</sup>

YES  NO In a weather-related emergency does your family know where to seek shelter?

YES  NO Are your smoke and carbon monoxide detector batteries replaced routinely?

YES  NO Does your family understand that once they are outside, they should stay outside?

YES  NO Do you have a first aid kit and is it fully stocked?<sup>4</sup> Do you have a fire extinguisher and is it serviced? Do you encourage your family members

YES  NO to take CPR and First Aid Classes?

YES  NO If needed, do members of your family know how to shut off the water, gas, and electricity to your home.

YES  NO Do they know how to open the garage door without electricity?

YES  NO Does your plan include whom to call in case of a utility problem?

YES  NO Do you have tarps or plywood on hand to cover openings created by a storm or fire?

YES  NO Do you have flashlights, radios, etc, and more importantly, batteries located in a central area known to all family members?

YES  NO Do you have a written Inventory and photographs of all valuable items in your home?

YES  NO Do you have more than one copy of the inventory located outside of your home?

YES  NO If you or members of your family walk on the Heritage Ranch streets and trails do they carry identification, a cell phone and know how to call in their location?

Are your emergency contact numbers current at the Heritage Ranch

**Don't be caught guilty of the most common errors in Emergency Planning:**

**Poor or no planning**

**Failure to keep the Plan up to date**

**No communication or understanding of the Plan by all family members**

**No procedure for shutting down critical equipment**

**Family member not told what actions to take in an emergency**

**Lack of training and practice**

<sup>1</sup> KnowWhat2Do is an emergency preparedness program targeted specifically for North Central Texans.

<sup>2</sup> Courtesy of "Every Second Counts" magazine, Fall 1999. Copyright National Safety Council, October 10, 2001.

<sup>3</sup> The web site [www.knowwhat2do.com](http://www.knowwhat2do.com) is a resource to help you identify the hazards that threaten our area and ways for you to prepare for such hazards.